

3/24/20

**But those who hope in the Lord  
will renew their strength.  
They will soar on wings like eagles;  
they will run and not grow weary,  
they will walk and not be faint.**

**[Isaiah 40:31](#)**

- Don't stop being the church—showing the world what the love of God looks and feels like.
- Don't stop looking out for your neighbors.
- Don't stop financially supporting the non-profit folks serving our communities in crisis
- Don't stop giving
- what you can to support your local church and the presbytery
- Don't stop praying.

Rest when you must. Accept help when you need it. But please don't stop being the Church. Not now.

[adapted from the Reverend Jan Edmiston]