

Pastoral Care

A Winter Learning Opportunity for Presbyterians

February 6-March 15, 2021

Join this class to explore what it means to reflect on what it means to provide pastoral care in a variety of settings and concerns. Rev. Lisa Watson, a long-time hospital chaplain, who currently serves as a Marriage and Family Counselor is the instructor.

Who might want to take this class?

- Deacons who provide pastoral care and make pastoral visits
- Commissioned Pastors who would like to improve their pastoral care
- Those who might be called to be commissioned pastors as it meets the criteria of participating presbyteries

What will this class involve?

This course is designed to introduce you to pastoral care and the issues that commonly arise in this ministry. Our goal is to address topics that are directly relevant and applicable to your ministry work. Through readings, discussion, and self-reflective exercises, you will:

- Increase your understanding of the essence of pastoral care.
 - Identify theological, scientific and awareness resources for future use in pastoral care
 - Deepen self-reflection awareness and skills needed to provide thoughtful pastoral care
- There will be one book to read in advance and two instruments to take prior to the class.

The class runs asynchronously, meaning, you will participate in weekly activities at your own pace, based on your schedule. Each week, you will be expected to complete an assigned reading, participate in a discussion, respond to two of your classmates' discussion posts, and complete an assignment. We estimate that you will spend about two hours weekly on coursework. There will be two Zoom meetings with the instructor: February 13 and February 27 from 7-8 p.m.

What is the cost?

- \$125 for those whose presbyteries support The Academy. \$175 for those whose presbytery is not a partner. For those interested in the whole series of 11 classes in the Academy, there is an additional discount.

Who is sponsoring this?

- This is a class offered through The Academy, a series of classes for church members designed to deepen faith as participants encounter Christ in a new way. For those who are called or are exploring a call to become a Commissioned Pastor, this is a program that can help that happen. The Synod of Lakes and Prairies and the Presbyteries of Minnesota Valleys, North Central Iowa, Northern Waters and Prospect Hill are the current sponsors of the Academy.

How do I register or find additional information?

- <https://lakesandprairies.regfox.com/pastoral-care-class>

Membership in the Church of Jesus Christ is a joy and a privilege. It is also a commitment to participate in Christ's mission. Such involvement includes... lifting one another up in prayer, mutual concern, and active support,

Book of Order G-1.0304